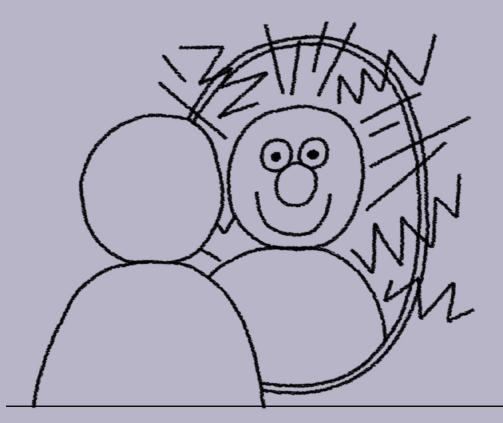
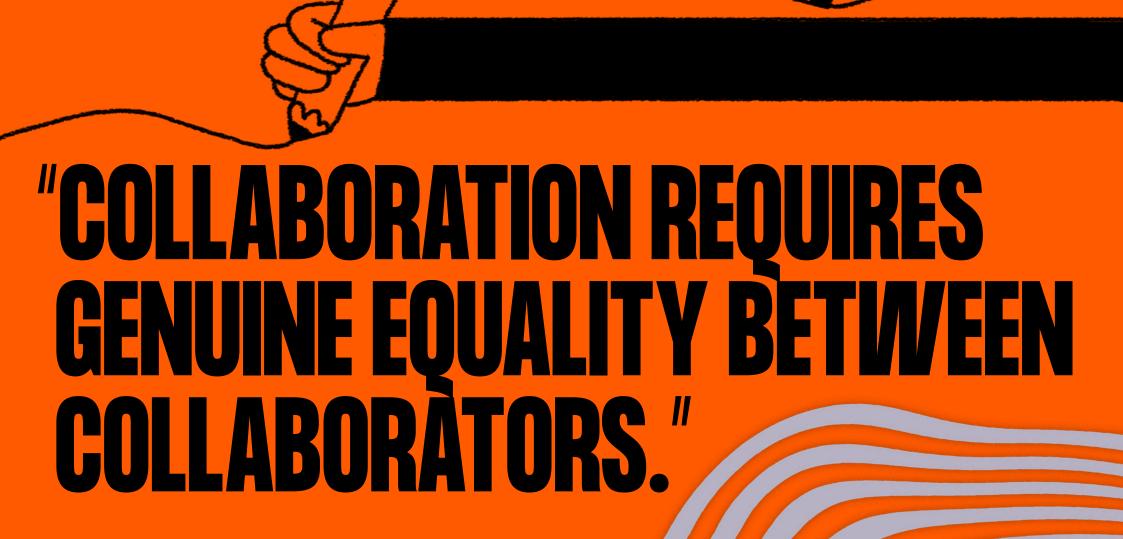


"BE HONEST WITH YOURSELF AS TO WHY YOU'RE REACHING OUT TO BEGIN WITH.

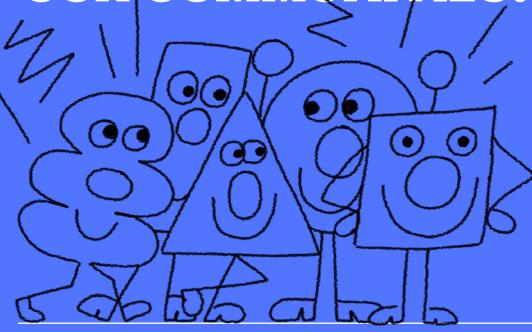


THE BEST ENGAGEMENT YOU CAN HAVE WITH SOMEONE IS WHEN THEIR LIBERATION IS BOUND UP WITH YOURS. BE AWARE OF YOUR OWN POWER, HOW YOU MANAGE IT, WHO YOU OFFER PARTS OF IT TO, AND WHO IS IN CONTROL AT ANY ONE TIME."

MARTIN O'NEILL (THE STOVE NETWORK)



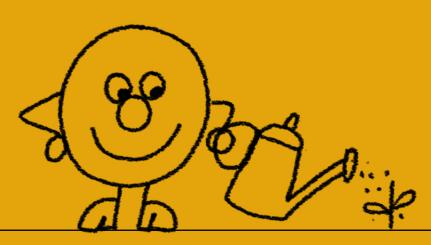
"WE ALL HAVE THE RIGHT, THE POWER, AND THE OPPORTUNITY TO MAKE A REALLY IMPORTANT DIFFERENCE TO OUR COMMUNITIES.

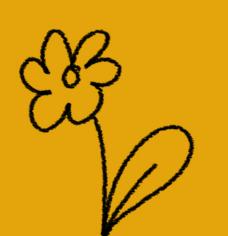


OUR INDIVIDUAL ACTIONS CAN MOVE
MOUNTAINS — AND YOU DON'T NEED
TO FIT THE MOULD OF WHAT YOU THINK
AN ACTIVIST LOOKS LIKE!"

KATHRYN WELCH (FREELANCE)

"WHEN MAKING WORK WITH COMMUNITIES, GET TO KNOW THEM, INVEST TIME OVER A SUSTAINED PERIOD AND BE PREPARED TO KEEP INVESTING TIME. THINK LONG TERM."

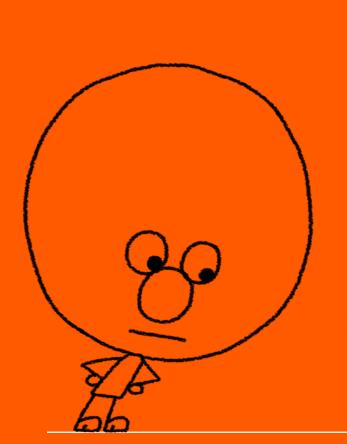






BRUCE NEWLANDS (INVERCLYDE SHED)

"ARTS BASED PROCESSES HAVE PLAYED A CENTRAL ROLE IN SHAPING THE NARRATIVE WITH THE STATE BY EMPOWERING THE COMMUNITY TO REPRESENT THEIR VISION OF REGENERATION.



THIS RELATIONSHIP IVITH ARTIST & COMMUNITY IS A NEGOTIATED SPACE—NO ROOM FOR EGOS."

JOE DONOHOE (FATIMA RESOURCE CENTRE, DUBLIN)